National POLST: Adoption of National POLST Form

As of February 2022

NOTE: Map reflects the data we have been provided by individual programs.

This map shows whether a state has adopted or adopted or is considering either adopting or adapting the National POLST Form. The vision of National POLST is for states to adopt national standards, resulting in greater consistency of process, improved patient care and greater patient control and direction over medical treatment. National POLST undertook this project of creating a national form to improve form consistency making it easier, among other things:

- For providers to recognize a POLST form and how to correctly interpret and follow POLST form orders, thereby enabling them to honor patient treatment preferences;
- To conduct research and quality assurance activities, creating shared data for generalizable knowledge and ability to improve POLST; and
- To more broadly educate patients and providers about POLST so the process and form are understood and appropriately implemented consistently everywhere.

The National POLST Form was released on September 3, 2019 and represents almost two years of interviews, consensus building, feedback on several iterative versions of the form and compromise among national POLST leaders, POLST Program leaders, national partners and other stakeholders.

Each state chooses what POLST form to use. Some states have legislative or regulatory barriers that make adopting the National POLST Form challenging at this time. National POLST is always willing to work with state leaders. More information is available at www.polst.org/form-providers

- **Has Adopted National POLST Form**: program adopted the National POLST Form as their state form.
- **Form is Adapted from National POLST Form**: program has adapted form, using the National POLST form but making substantive or state specific edits to the document.
- **Actively working to Adopt/Adapt**: program has notified the National Office that they are actively working to adopt the form, likely within the next year. They are either adopting or adapting the form.
- **Considering**: program has notified the National Office they are or will be considering adopting/adapting the form in the next five years (several states have periodic revisions of their form and are waiting until that time to consider the change).

Questions? Email admin@polst.org or your program leader (contact information at polst.org/programs).