Forum Topic of the Month

**How Does Your POLST Program Stay on Top of Legislation?** Share your tips and tricks with your colleagues in our forum thread. And don’t forget about the National POLST Legislative Guide, updated by National POLST’s Public Policy Committee.

**About the Forum:** This is not a patient or caregiver forum. The National POLST Forum is a closed online discussion board for POLST advocates and health care professionals participating in their state POLST Program (active programs only). To request access, email info@polst.org, giving us your full name, title/organization and state in which you practice.

Featured News

**Congratulations Idaho – Newest State to Adopt National POLST Form!**
Idaho’s POST Program joins the growing number of states adopting or adapting the National POLST Form — congratulations! View our Form Adoption Map and learn more about the National POLST Form.

Featured Resource

**New: Quality Indicator #3**
The Research & Quality Assurance Committee has completed its third Quality Indicator (QI): Comparing a “No CPR” order in Section A with Treatment Provided to Out-of-Hospital Decedents. This process indicator is intended for out-of-hospital decedents, such as hospice, nursing homes, emergency services, etc. As with all National POLST QIs, three approaches are provided with the goal of helping individuals or organizations conduct quality assurance activities (not research), particularly if they have limited funds or little/no research experience.

Featured Research

**Social Determinants of Health Predicting POLST Completion and Treatment Selection**
The study found that urban participants with socioeconomic advantage were more likely to have a POLST completed but were also more likely to indicate preference of CPR and full treatment. It provides a reminder that more education is needed regarding who is appropriate for a POLST: National POLST has provided Guidance for Health Care Professionals about the Intended Population. View article (limited access).

News in Brief

**Statewide POLST Registry development**
The Coalition for Compassionate Care of California (CCCC) recently announced updates on its progress towards their statewide POLST Registry and POLST ecosystem enhancements. Read the blog post.

**POLST in other national publications**
AARP Article: Should you Get a POLST? Larry Beresford (who also authored National POLST’s Founders Story) writes about POLST for AARP, highlighting POLST as a process and a conversation, as well as a form.