

# National POLST

## Forum Topic of the Month

### Does Patient Self Determination Act require that we talk to all of our patients about code status?

If you've had this debate within your organization, the Illinois leaders want to hear from you. [Join the conversation.](#)

**About the Forum:** This is not a patient or caregiver forum. The National POLST Forum is a closed online discussion board for POLST advocates and health care professionals participating in their state POLST Program (active programs only). To request access, email [info@polst.org](mailto:info@polst.org), giving us your full name, title/organization and state in which you practice.

## Featured News

### Congratulations to Illinois, Iowa & Pennsylvania POLST Leaders!

- **Illinois** POLST leaders' tenacity paid off this month as the Illinois Governor signed [SB109](#) removing the witness requirement from the Illinois POLST form, effective January 1, 2022. Additionally, this law requires first responders to recognize the Illinois POLST form, other state POLST forms and the National POLST form.
- **Iowa's** governor signed [HF 891](#) on June 16th, officially making them the fourth state to have adopted the National POLST form.
- **Pennsylvania** POLST leaders were [awarded a grant](#) from the McElhattan Foundation to support virtual POLST education for providers!

## Featured Resource



### New POLST Map Webpage and State Directory!

The National POLST [Map page](#) has been updated to make it easier to flip through all our maps. With this change, the map is no longer interactive so we created a new state POLST directory which has the same information previously available — bookmark <https://polst.org/programs> (there is also a link at the top of the map page). The rest of the page remains the same, still providing PDF versions of each map with more detail.

## Featured Research



### Are We Getting What We Really Want?

Tark et al. examined 10 eligible studies for concordance between documented care wishes on POLST forms and subsequent/actual care delivered to patients. Most of these retrospective studies, conducted primarily in nursing homes, observed high rates of concordance, especially for CPR preferences. For example, preferences for receipt of resuscitation in the event of cardiac arrest, and the actual delivery of or withheld of resuscitation efforts was the most studied intervention of all. [View article](#) (PubMed).

## News in Brief

### POLST webinars and conferences

**Watch POLST webinar, When someone dials 911: how EMS uses POLST.** Watch this webinar to learn how EMS actually uses POLST forms in the field. View recording at our [webinars page](#) or at the [registration page](#) from Seasons Hospice & Palliative Care, sponsor for this webinar series.

**Register for upcoming POLST Technology webinars** (9/14 and 10/12) at the [registration page](#) from Seasons Hospice & Palliative Care, sponsor for this webinar series.

### Other National Resources/News

**Dr. Jessica Zitter's Caregiver: A Love Story** has been getting lots of attention. Check it out: <https://www.caregiverlovestory.com/>



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