

# National POLST

## Forum Topic of the Month

### What are your thoughts?

Our **Featured Research** article (below) by POLST leaders Susan Hickman, Karl Steinberg, John Carney and Hillary Lum discuss reasons that POLST is used as a default code status order form in nursing homes — and why that's problematic. Provide [Feedback](#) on our featured Research article in the Forum.

**About the Forum:** This is not a patient or caregiver forum. The National POLST Forum is a closed online discussion board for POLST advocates and health care professionals participating in their state POLST Program (active programs only). To request access, email [info@polst.org](mailto:info@polst.org), giving us your full name, title/organization and state in which you practice.

## Featured News



### Alaska Adapts the National POLST Form

Alaska joins West Virginia as the second state to *adapt* the National POLST Form, meaning it is using the National POLST Form with substantive or state specific edits to the document. Three states (Arizona, New Hampshire and Maine) have adopted the National POLST Form, meaning the National POLST Form is being used as their state form. View [Map page](#), [Participating Programs](#) PDF or [National POLST Form Adoption map](#) PDF.

## Featured Resource



### Tech Webinar 3 of 5. June 15 - Interoperability: sharing POLST across systems.

An overview of the HL7 POLST CDA data standard. Learn about FHIR, and how it relates to POLST technological interoperability. [Register](#) for the webinar series. Free CEs offered through our partner, [Seasons Hospice & Palliative Care](#). Did you miss our earlier webinars? Learn more about the POLST Tech Webinar Series: View [Technology Guide](#) web page, or [webinars series](#) PDF.

## Featured Research



### POLST is More Than a Code Status Order Form

In this JAMDA article, Hickman, Steinberg, Carney and Lum focus on reasons that POLST is used as a default code status order form, the risks associated with this practice, and recommendations for nursing homes to implement appropriate use of POLST. Many thanks to Susan Hickman for making this research article available to all! [View article](#) (open access).

## News in Brief

### POLST webinars and conferences

**Watch POLST webinar, When someone dials 911: how EMS uses POLST.** Watch this webinar to learn how EMS actually uses POLST forms in the field. View recording at our [webinars page](#) or at the [registration page](#) from Seasons Hospice & Palliative Care, sponsor for this webinar series.

**Register for the CCCC's Annual Palliative Care Summit (June 22 and 23).** [The Coalition for Compassionate Care of California's](#) 13th Annual Summit will be presented in partnership with the [Arizona Hospital and Healthcare Association](#), and [Kōkua Mau](#), (hosts of the Arizona and Hawaii POLST programs, respectively). [Read more!](#) Join to watch many of our POLST leaders.

### Other National Resources

**Advance Care Planning - Proceedings of a Workshop** from the [National Academies](#) of Science, Engineering and Medicine (2021) is now available online. The PDF versions is free. Many POLST Leaders were a part of this project, including: P Bomba, R. Sudore, J. Ballentyne, L. Bishop, S. Hickman, and K. Unroe. [Read more.](#)

**National Poll on Healthy Aging mental health among older adults due to the pandemic.** Poll finds that the pandemic worsened many older adults' mental health and sleep, but long-term resilience also seen. [Read more.](#) [View Press Release.](#) [Download Full Report.](#)

**National Hospice and Palliative Care Organization released African-American Outreach Guide.** This guide is an update of a previous NHPCO resource with new content developed by NHPCO's Diversity Advisory Council. [Read more.](#) [Download the guide \(PDF\).](#) Visit the [NHPCO website.](#)



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