The POLST decision-making process and resulting medical orders are intended for patients who are considered to be at risk for a life-threatening clinical event because they have a serious life-limiting medical condition, which may include advanced frailty, regardless of patient age.

Although National POLST discourages any restriction for using POLST based on age, there is variation among states about use of POLST in pediatric populations. This map provides the current information about ability to use POLST in pediatric populations.

If you have any questions about how your state is listed, contact admin@polst.org or your program leader (click on your state at www.polst.org/map for contact information).