National POLST: Adoption of National POLST Form
As of January 2021

This map shows whether a state has adopted or is considering adopting the National POLST Form. The vision of National POLST is for states to adopt national standards, resulting in greater consistency of process, improved patient care and greater patient control and direction over medical treatment. National POLST undertook this project of creating a national form to improve form consistency because a single form makes it easier, among other things:

- For providers to recognize a POLST form and how to correctly interpret and follow POLST form orders, thereby enabling them to honor patient treatment preferences;
- To conduct research and quality assurance activities, creating shared data for generalizable knowledge and ability to improve POLST; and
- To more broadly educate patients and providers about POLST so the process and form are understood and appropriately implemented consistently everywhere.

National POLST encourages all POLST Programs to consider adopting the National POLST Form either as is or with minor edits, thereby reducing the variation among forms.

The National POLST Form was released on September 3, 2019 and represents almost two years of interviews, consensus building, feedback on several iterative versions of the form and compromise among national POLST leaders, POLST Program leaders, national partners and other stakeholders.

Each state chooses what POLST form to use. While a state may not have adopted the National POLST Form for its providers to use in completing the form, all providers—regardless of the state in which they practice—should be able to accept the National POLST Form as a valid medical order wherever it is presented.
Some states have legislative or regulatory barriers that make adopting the National POLST Form impossible at this time. More information is available at polst.org/form-providers

- **Adopted**: these are the programs that have adopted the National POLST Form as their state form
- **Actively working to adopt**: these are programs who have notified the National Office that they are actively working to adopt the form, likely within the next year. They are either adopting the form as is or with minor edits.
- **Considering**: these are programs who have notified the National Office that their program is or will be considering adopting the form sometime in the next five years (several states have periodic revisions of their form and are waiting until that time to consider the change).

If you have any questions about how your state is listed, contact admin@polst.org or your program leader (click on your state at www.polst.org/map for contact information).