

Redesigned National POLST website supports patients and caregivers navigating serious illness or advanced frailty with Naveon videos.

October 2020 – National POLST released a new and improved website www.polst.org, featuring more accessible and focused information for patients, caregivers and the public as they navigate serious illness or advanced frailty. This includes more streamlined navigation and guidance for patients and caregivers on starting the POLST process, helping them understand their form and providing advice about next steps once a patient has a POLST.

Naveon, a platform to help connect patients, people important to them and care teams during serious illness, was a key partner in the site update, providing video content to support different aspects of the POLST process. The videos now available on www.polst.org include:

- *How Hope Grows*, found at www.polst.org
- *Types of Medical Care*, found at <https://polst.org/starting-polst/>
- *Understanding CPR, What is a DNR Order?, Devices Found in the ICU and Feeding Tubes*, all found at: <https://polst.org/form-patients/>
- *Planning Ahead*, found at <https://polst.org/advance-care-plans/>
- *Recommendations on End of Life Planning*, found at <https://polst.org/polst-religion/>

These short, engaging videos educate on these critical concepts in a very approachable way.

“By eliminating half our content, more specifically focusing on POLST, and creating more guides and videos, we hope this website update makes it easier for the public to understand the value of POLST and, when appropriate, how to talk to their health care provider about one” says Amy Vandembroucke, Executive Director, National POLST. “We appreciate Naveon’s support of National POLST by allowing us to use their videos, helping make the concept of advance care planning and some of the treatment options on a POLST form easier for people to understand.”

“We’re excited to provide content to help patients and caregivers as they engage in the POLST process,” says Matthew Rachleff, CEO, Naveon. “While every serious illness journey is unique, everyone deserves the opportunity to understand what’s happening to them medically, what’s likely to come next, and what their options are so they can make decisions aligned with their values and goals.”

About POLST

POLST is an approach to advance care planning for patients who are considered to be at risk for a life-threatening clinical event because they have a serious life-limiting medical condition, which may include advanced frailty. The POLST process emphasizes eliciting, documenting and honoring patients’ preferences about the treatments they want to receive during a medical emergency or as they decline in health. At the end of the process, a health care professional may document these treatment preferences in a portable medical order called a POLST form. POLST forms must be completed by health care professionals and signed by a physician, advanced practiced registered nurse or physician assistant in line within their scope of practice and state law.

About National POLST

POLST is a national movement implemented at the state level. The vision of National POLST is for states to adopt national standards, resulting in greater consistency of process, improved patient care and greater patient control and direction over medical treatment. Through National POLST the POLST Programs create policies, guidance and materials supporting that vision. The national office serves as the backbone of the initiative, coordinating guidance, research, education, policy and quality assurance for all POLST Programs to follow. All POLST Programs are invited to participate in national leadership; 44 states currently participate. For more information, visit <https://polst.org/leadership>

About Naveon

Naveon is a Proactive Palliative Care Solution that allows patients, those important to them and care teams to navigate serious illness together across the continuum of care. It supports the difficult conversations necessary for better outcomes and experiences by supporting patients and those important to them through engagement, education and collaboration with their care teams. Naveon is available in hospitals and post-acute care settings. For more information, visit <https://naveonguides.com>