# National P@LST Paradigm

## **Forum Topic of the Month**

Join the conversation! Julie Goldstein and Susan Nelson are using the Forum to discuss POLST concerns in their clinical work. See the threads on <u>ED docs reluctant to sign POLST</u> and on <u>phone/virtual consent for POLST</u>. How about you? We'd love to see more engagement on the Forum in this manner—this Forum is for you, POLST leaders! Thanks for leading the way, Drs. Goldstien and Nelson!

About the Forum: The National POLST Forum is a great way to discuss any POLST topic anytime with colleagues locally or across the nation. It is a closed online discussion board for POLST advocates and health care professionals participating in their state POLST Program (it is <u>not</u> a patient or caregiver forum). To request access, please email us at <u>info@polst.org</u>, giving us your full name, title/organization and state in which you practice.

#### **Featured Resource**



Register now for "Redesigning Patient Care Using eMOLST: One Health Care System's Experience" Christine Wilkins, PhD, LCSW, Advance Care Planning Program Manager and National POLST Social Worker Advisor will be our presenter. This webinar will describe how a large New York City health system has been working to redesign patient-centered care through quality advance care planning. The webinar will include 1) an overview of how the electronic Medical Orders for Life Sustaining Treatment (eMOLST) was implemented; 2) staff training to facilitate quality advance care planning conversations; 3) the

development of a robust advance care planning navigator that provides a one stop shop for advance care planning; 4) change of code status orders options to mirror MOLST; 5) collaboration with community partners. Register now!

## **Featured News**



Let's support and partner with Death by Design as they tour the U.S.!

Did you hear? Kimberly Paul of <u>Death by Design</u>, who serves on the National POLST Leadership Council, has embarked on her <u>Live Well Die Well</u> tour. Along the way, she is seeking to connect with local organizations aligned with her cause for cross-promotional efforts in fundraising and end-of-life education. State POLST Programs are an obvious fit, as she is already promoting the National POLST Paradigm! Please reach out to <u>kimberly@deathbydesign.com</u> to see when she will be in your state to explore

opportunities of mutual interest.&

## **Featured Research**



Brazilian Study on Interrater Reliability for POLST Orders published

Researchers in Brazil—partnered with U.S. POLST leaders Rick Bassett, Alvin ("Woody") Moss, and Karl Steinberg—published a study in *JAMA Open Network*. POLST orders were compared for congruency between different clinicians trained in the same process when each separately interviewed patients (or their surrogates) about the patient's end-of-life health care preferences. Overall, 92% of the time the orders were identical, offering support for POLST as a reliable tool for documenting treatment wishes. View online.

# **National POLST Paradigm News in Brief**

## **POLST News**

**National POLST welcomes Christine Wilkins**, PhD, LCSW, as our newest advisor in the area of social work. She is the Advance Care Planning Program Manager at <a href="NYU Langone Health">NYU Langone Health</a>. View the list of <a href="National">National</a>

#### POLST Advisors.

**Theresa Brown** published an opinion piece in the *New York Times*, "How to Make Doctors Think About Death," A hospice nurse, she also chairs the National POLST Branding Committee.

**Karl Steinberg** MD, a National POLST Leadership Council member, was interviewed on <u>AMDA on the Go</u> in a talk focused on Advance Care Planning. <u>Listen to the podcast</u> (28 min).

## Reminders to POLST Program Leaders

**National POLST Form draft reviews** are due May 24th. You should have already received a copy of the draft version.

The First POLST Plenary Assembly Meeting is just around the corner on May 13 in Austin, Texas. If you haven't gotten an email confirming your attendance, email <a href="mailto:amy@polst.org">amy@polst.org</a>.

### Your input wanted!

**Legislative Guide revisions underway, feedback wanted!** The POLST Legislative Guide is being updated by the National POLST Public Policy Committee, with the goal of having its revisions completed by the end of year. Please let us know your suggestions by posting the to Forum thread on this topic.

**Is this newsletter helpful?** We want it to be! <u>Email us to let us know</u> if you have any ideas on what else we could include to make it even more useful and informative to you.













Copyright ©2019 National POLST Paradigm Office, All rights reserved.