

# National POLST Paradigm

## Remembering Dana Zive

Dana Zive, MPH, (1976-2018).

The National POLST Office announces with profound sadness the death of Dana Zive, MPH, who passed away unexpectedly on September 30. Dana made numerous contributions to the POLST Paradigm in the areas of research, education, quality improvement, and technology. Widely respected, Dana contributed both nationally and in Oregon to the POLST Paradigm, where she had formal roles, but also in every other state because of her willingness to provide education about all kinds of technology related to POLST. Always willing to help, we will miss her invaluable, perspicacious input as an advisor, committee member, advocate and colleague, and the underlying humor and compassion she projected. All are invited to share remembrances of her on the guest book of the online [obituary](#). For those of you in the Oregon area, there is a service being held for her on November 12th ([read more](#)).



## Forum Topic of the Month

Help us update the POLST Legislative Guide!

We are planning on updating our [Legislative Guide](#). Check out the materials we have in our [Legislative Issues](#) forum category and [let us know in this forum thread](#) what questions you'd like answered in the update of this valuable resource.



*About the Forum:* The National POLST Forum is a great way to discuss any POLST topic anytime with colleagues locally or across the nation. It is a closed online discussion board for POLST advocates and health care professionals participating in their state POLST Program (it is **not** a patient or caregiver forum). To request access, please email us at [info@polst.org](mailto:info@polst.org), giving us your full name, title/organization and state in which you practice.

## Featured News



**Growth in National POLST reputation, appreciation with strong participation in conferences**  
In October, POLST Technology was the focus of working conference hosted by National POLST (part of the [Tech Consensus Project](#)) — **and** the POLST Paradigm was deeply included in both the [Coalition to Transform Advance Care's National Summit](#) in Denver, and the Respecting Choices® [National Share the Experience Conference](#) in Minneapolis. Congratulations and thank you to everyone who spoke about POLST!

## Featured Resource



**National Consensus Project for Quality Palliative Care, *Clinical Practice Guidelines* updated!**  
The *Clinical Practice Guidelines for Quality Palliative Care* has been revised to a new 4th edition. It provides "a blueprint for excellence by establishing a comprehensive foundation for gold-standard palliative care for all people living with serious illness, regardless of their diagnosis, prognosis, age or setting." National POLST is appreciates their including updated information about the POLST Paradigm. [Learn more](#).

## Featured Research



### "POLST Facilitation in Complex Care Management: A Feasibility Study"

Authors Alexia Torke, MD, MS, Susan Hickman, PhD, Bud Hammes, PhD, *et al.* published, "POLST Facilitation in Complex Care Management: A Feasibility Study" in the *American Journal of Hospice & Palliative Medicine*. The study goal was to evaluate the efficacy of the POLST process in a population of POLST-appropriate individuals who were still living in the community. Highlights: "We found 87.5% of participants agreed that 'Talking about the (POLST) form helped me think about what I really want.' " The authors concluded that POLST delivery was effective with high fidelity to protocol in this study. [View online](#) (limited access).

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## National POLST Paradigm News in Brief

### POLST News

**The National POLST Technology Consensus Project** convened as a working conference on Oct 12-13, and is continuing its webinar series while moving forth towards the development of a white paper. [Read more about the Tech Consensus Project.](#)

**New District of Columbia Medical Orders for Scope of Treatment (DC MOST) form.** The DC Department of Health (DC Health) EMS Division is excited to announce the Medical Orders for Scope of Treatment (MOST) program which will replace the Comfort Care Order – Do Not Resuscitate (CCO-DNR) program in the District of Columbia. [Read more.](#)

**2019 Oregon POLST Form announced.** The Oregon POLST Program has approved an update to its POLST form, effective January 2, 2019. All Oregon health systems are asked to implement the use of the 2019 form by April 8, 2019. [Read more.](#)

### Kudos to POLST Paradigm supporters:

**PREPARE™ for your care**, a patient-oriented website that informs and aids patients in taking control of their own advance care plans, has updated its website FAQs to include essential points about the POLST Paradigm. Thank you, PREPARE™! [View FAQs.](#)

**Kimberly Paul, of Death by Design**, is launching her *Live Well, Die Well* National Tour, the theme of which is: *Bridging the Gap one state, one community, one person at a time.* [View Tour Stops.](#) [Learn more about Death by Design.](#)

### Resources:

**Bringing Advance Care Planning Conversations to Your Congregation**, a series of webinar recordings brought to you by The Conversation Project, highlight 6 different topics on concern to faith leaders who want to encourage conversations about advance care planning. [Learn more and view online.](#)

**The American Bar Association's Advance Directives: Counseling Guide for Lawyers** recently published. Described by the John A. Hartford Foundation as "a new resource [that] will help more people ensure that their wishes are known and carried out if faced with serious illness or the end of life," the ABA explains it "is designed to assist lawyers and health care professionals in formulating end-of-life health decision plans that are clearly written and effective." [Read more.](#)

