

National POLST Paradigm

Forum Topic of the Month

Please give us your input: [Value of National POLST Paradigm](#)

What value does the National POLST Paradigm bring to your POLST Program? What did the National Office do that was helpful for you? Why should a new state work with the National POLST Paradigm?



About the Forum: The National POLST Forum is a great way to discuss any POLST topic anytime with colleagues locally or across the nation. It is a closed online discussion board for POLST advocates and health care professionals participating in their state POLST Program (it is **not** a patient or caregiver forum). To request access, please email us at info@polst.org, giving us your full name, title/organization and state in which you practice.

Featured Resource



NEW! Table with POLST Form Signature Requirements for Each State.

We've created a new resource for you that answers: Who is authorized to sign a POLST form in my state? In which states are Advance Practice Registered Nurses (NPs, ARPNs, APRNs) allowed to sign POLST forms? Physician Assistants? Are Naturopaths allowed to sign POLST forms anywhere? Are patients required to sign? Can a surrogate sign on behalf of a patient? Available on our [POLST Programs page](#) or [download the PDF directly](#).

Featured Research



Cross-Cultural Adaptation of POLST to Brazil

This article describes an effort to implement POLST pilot tests in Brazil through a very careful translation and cultural adaptation process. The study authors worked in consultation with several U.S. POLST leaders, including members of the National POLST Paradigm Task Force, and as such, some are credited as co-authors and many more and acknowledged in the body of the paper. [Read more](#). [View online \(limited access\)](#).

National POLST Paradigm News in Brief

Congratulations to South Dakota, our newest Developing Program! On February, 13, 2018, the National POLST Paradigm Task Force officially approved Washington DC's application for Developing POLST Paradigm Program Status. Welcome, South Dakota!

West Virginia has a new POLST Form. Reflecting legislation passed in 2017 that provides for signatory authority of Physician Assistants (PAs) for the West Virginia POST (Physician Orders for Scope of Treatment), West Virginia released a new version of their POST Form in 2017. In 2016, Advance Practice Registered Nurses gained signatory authority in West Virginia. Learn more about the [West Virginia Center for End-of-Life Care](#).

National Healthcare Decisions Day (NHDD) is coming soon! NHDD in 2018, as it was in 2017, will be a week-long event beginning on April 16! Remember the theme: "It always seems too early, until it's too late." This is true of NHDD planning as well as advance care planning conversations. [Learn more about NHDD](#), including the [themes for NHDD Week](#).

Funding Opportunities:

Apply for the Robert Wood Johnson Foundation *Leadership for Better Health* programs.

Dedicated to building a Culture of Health, "increasing equity and combating the effects of racism

and poverty"? Consider applying to the the Robert Wood Johnson Foundation's *Leadership for Better Health* programs development programs. Deadline is March 14, 2018 for the three program that are still open. [Learn more](#).

Sign up for Health and Aging Policy Fellows Program info sessions. Open to professionals in all disciplines and at all career stages, The John A. Hartford Foundation *Health and Aging Policy Fellows Program* provides skills, content, and hands-on experience to be able to offer policy solutions to the health challenges of an increasingly aging population and the barriers to the health care system that serves them. [Read more](#). [Sign up for information sessions](#).

Webinars, Conferences, Other Resources:

Part of the Aging and Disability Business Institute Series, on Tuesday, March 20, 2018, Amy Berman, RN, LHD, FAAN, and Nora Super will be presenting a webinar, "The Age Friendly Health Systems Initiative: Building Community-Clinical Collaboration to Improve Care and Outcomes for Older Adults and Their Families. [Learn more and register \(free\)](#).

Call for Abstracts: 2018 National Share the Experience (NSTE) Conference. The Respecting Choices® NSTE Scientific Review Committee invites the submission of abstracts of original work to support this year's conference theme: "Improving Person-Centered Outcomes through Collaboration." [Learn more](#).

Webinar: Exploring New Practice Recommendations for Dementia Care. Join the Coalition to Transform Advanced Care (C-TAC) and the National Partnership for Hospice Innovation to discuss principles and practices of quality care for individuals living with dementia, and for an in-depth look at the recommendations. Thursday, April 19, 2018, 2:00 pm ET. [Register now](#).

The Power of Words: The Importance of Defining and Documenting Goals in Patient-Centered Care is a free eBook from the California State University Palliative Care Institute. It will "guide you in how to discuss and document patients' treatment preferences and goals of care... communicating those goals to the rest of the health care team. Most of all, this eBook will empower you to help patients have a powerful and defining voice in their own care during the most vulnerable time in their lives." [View eBook \(PDF\)](#).

Working With POLST – For Professionals online course available through the CSU Institute for Palliative Care. This 3-hour, online, self-paced course is designed to help healthcare professionals understand the role and value of POLST, and how to employ it in documenting and honoring patient wishes. [Register](#).

