



A Guide to National POLST Paradigm Key Resources

What is POLST?

Web Link

The POLST Web Page. Information on the POLST Paradigm and the standards expected of endorsed POLST programs. The **POLST Article** expounds on differences between Advance Directives and the process of a patient-centered POLST medical order.

[POLST \(Web Page\)](#)
[POLST and Advance Directives \(PDF\)](#)

POLST: Doing it Better Video. For health care professionals who want to understand how POLST should be used, whom it should be offered to, and recognize common POLST misconceptions.

[POLST: Doing it Better \(Video\)](#)

Institute of Medicine: Dying in America Report Talking Points. Summarizes how and where POLST is referenced in the report *Dying in America*; a complete review of end-of-life care, published by the Institute of Medicine (IOM).

[NPP *Dying in America* Talking Points \(PDF\)](#)

POLST Legislative Resources

POLST Legislative Guide. Describes 12 common legal POLST questions and regulatory issues, and provides a preferred outcome to each issue based on lessons learned.

[POLST Legislative Guide \(PDF\)](#)

POLST Program Legislative Comparison. Displays 18 POLST legislative measures and the section and chapter where they are defined in the legal code of 26 states.

[POLST Legislative Comparison \(PDF\)](#)

Distinguishing POLST from Death with Dignity Statutes. A 1-page document stressing that POLST and DWD laws are independent programs that developed separately, by different groups, with different intents.

[Distinguishing POLST from DWD Statutes \(PDF\)](#)

State Resources for POLST Paradigm Program Development

Seven (7) Core Elements of Sustainability for State POLST Paradigm Programs. Lists 7 elements key to maintaining a sustainable and committed POLST Program.

[7 Elements of Sustainability \(PDF\)](#)

POLST Development Guide. Summarizes research, surveys, and discussions with POLST state leaders. A guide for states looking to develop a sustainable POLST Paradigm coalition.

[POLST Program Development Guide \(PDF\)](#)

Core Elements of POLST Education for State POLST Programs. Outlines core POLST education elements to ensure consistent and high quality training methods, materials, and messaging.

[Core Elements of POLST Education \(PDF\)](#)

Principles for Social Networking for POLST Programs. Lists 7 principles and outlines their criteria so that social media and media management can ensure professional visibility to POLST Paradigm messaging, dissemination, and public education.

[Social Networking for POLST Programs \(PDF\)](#)

The POLST Quality and Research Toolkit (PQRsT). Consists of POLST instruments, surveys, and questionnaires that have been successfully used in state research projects.

[POLST Quality and Research Toolkit \(PDF\)](#)

Resources for Registry Development and ePOLST Integration

Pathways to POLST Registry Development: Lessons Learned. Describes the pathway development and functioning capabilities of POLST Registries in 7 states.

[Pathways to POLST: Lessons Learned \(PDF\)](#)

Recommendations for Electronic Health Records and POLST Paradigm Forms. Lists 7 best practices for integrating the POLST Paradigm form into an Electronic Health Record.

[EHRs and POLST Paradigm Forms \(PDF\)](#)

