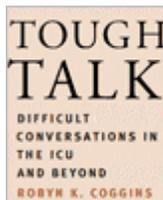


National POLST Paradigm

Featured News: *Tough Talk* from Pitt Med



Difficult Conversations in the ICU and Beyond, by Robyn K. Coggins.

With comments from Douglas White, MD, and Winifred Teuteberg, MD, Ms. Coggins discusses how end-of-life care conversations have evolved in medicine. She also reports, "that in certain electronic health systems in University of Pittsburgh Medical Center, a pink tab with POLST (Pennsylvania Orders for Life-Sustaining Treatment)" is being implemented this year. [Read Full Story](#) (second article on web page).

Featured Infographic: Visualizing Health Policy



Medicare and End-of-Life Care presented by the Kaiser Family Foundation / JAMA.

This Visualizing Health Policy infographic provides a snapshot of Medicare and end-of-life care, including statistics on deaths, Medicare beneficiaries, Medicare spending, hospice use, discussions of end-of-life care, and reimbursement and training for end-of-life care discussions. Kaiser Family Foundation analysis published to the *Journal of American Medical Association*. [View online](#).

Featured Resource: POLST Paradigm Statement on Death with Dignity



Distinguishing the POLST Paradigm From Death with Dignity / Aid in Dying.

In the changing political climate, it may become even more important to remind people that the POLST Paradigm is value-neutral—we aim to elicit goals of care through thoughtful, shared decision-making conversations and honor patient treatment wishes. The POLST Paradigm is about personal choice in what treatments you want or do not want until you die, *not* about ending life. [Download the Distinguish the POLST Paradigm from Death with Dignity Statutes \(PDF\)](#).

Featured Resource: National POLST Paradigm Web Forum and LinkedIn Group



New online venues for POLST Paradigm discussion.

The National POLST Paradigm is pleased to introduce an online web forum as a safe place for discussing POLST-related matters, such as specific questions you may have about POLST policy or best practices. We also have started a National POLST Paradigm LinkedIn Group for discussing news stories and current events. Please let us know if you would like to participate in either by emailing us at info@polst.org.

Featured Research: Journal of Palliative Medicine publishes POLST pilot data



The Quality of POLST Decisions: A Pilot Study.

This survey of nursing home residents found that most participants understood POLST and its orders regarding CPR, antibiotics, and artificial nutrition, but fewer understood medical interventions accurately. Current treatment preferences were initially discordant with one or more POLST orders for 64% (18/28) of participants, but half of these discordances were resolved with further discussion. The study authors concluded that discordance between patient preferences and POLST orders is complex, and interventions are needed to support high-quality POLST decisions that are informed and concordant with current preferences. [View online](#) (limited access).

National POLST Paradigm News in Brief

Register now for *Conversation Starters* webinar THIS THURSDAY, December 1, 2016, to learn about new research on how to strengthen Advance Care Planning. Research findings will be presented by Ellen Goodman (Co-founder and Director of [The Conversation Project](#)), Susan

Block, MD (Director of the Serious Illness Care Program at [Ariadne Labs](#)), Terry Fulmer, PhD, RN, FAAN (President of [The John A Hartford Foundation](#)), Sandra R. Hernández, MD (president and CEO of the [California Health Care Foundation](#)), Angela Hult (Executive Director of [Cambia Health Foundation](#)). [Register Now](#).

Apply now for Sojourns Scholar Leadership Program 2017. The Sojourns Scholar Leadership Program is an initiative designed to identify, cultivate and advance the next generation of palliative care leaders. Sojourns Scholars receive \$180,000 in funding to conduct an innovative impactful clinical, policy, education or research project in the field of palliative care and develop a leadership development plan designed to support growth as a leader in the field. [Learn more](#).

Revised LaPOST Forms available in 4 languages. In addition to English, now the June 2016 revision of the LaPOST Form is available in Spanish, French, and Vietnamese. [View online \(under Advance Care Planning Documents\)](#).

Hawaii POLST Forms available in 10 languages. The Kokua Mau website now has its advance care planning materials, including POLST Forms, Advance Directives, and related educational materials, available in 10 languages: Simplified Chinese, Traditional Chinese, Ilocano, Japanese, Korean, Marshallese, Spanish, Tagalog, Tongan, and Vietnamese. [View online: Kokua Mau Multilingual Resources](#).

West Virginia POST vs. DNR: A practice change is under way. To date in 2016, more than 42,000 Physician Orders for Scope of Treatment (POST) Forms have been distributed—double the number of Do-Not-Resuscitate (DNR) cards. POST Forms now comprise 23% of all forms submitted to the e-Directive Registry, and the increase in POST forms submitted to the Registry (35%) is greater than for any other form since the Registry was established in 2010. Learn more about the [West Virginia Center for End-of-Life Care](#).

LaPOST wins Award for healthcare promotional campaign. [The Louisiana POLST Paradigm Program](#). LaPOST, received the Pelican Award in the *Public Relations Division for a Healthcare-Related Organization (Non-Hospital)*, for the *LaPOST / National Healthcare Decisions Day (NHDD) - 2016* Campaign. Congratulations for this recognition of your great efforts in advance care planning outreach, LaPOST! [More info about Louisiana Society of Hospital PR & Marketing Pelican Awards](#).

eMOLST deployed with Single-Sign On at major New York senior healthcare provider. St. Ann's Community, the largest senior housing and healthcare provider in Rochester (the 3rd largest metro area in New York State), recently became the first senior-care provider to establish eMOLST (electronic Medical Orders for Life-Sustaining Treatment) access via Single Sign On (SSO) from its electronic health record systems. St. Ann's had already been using eMOLST almost 5 years. Congratulations to St Ann's Community IT Team! [Read More in the eMOLST newsletter online](#).

