

National POLST Paradigm

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Forum Topic of the Month

Civil Monetary Penalty (CMP) funds — a unique opportunity for funding. Recently, many questions about CMP funds have been coming up. Read about [CMP funds on our forum thread](#), and also see our [general funding opportunities thread](#) in the forum.

About the Forum: The National POLST Forum is a great way to discuss any POLST topic anytime with colleagues locally or across the nation. It is a closed online discussion board for POLST advocates and health care professionals participating in their state POLST Program (it is **not** a patient or caregiver forum). To request access, please email us at info@polst.org, giving us your full name, title/organization and state in which you practice.



Featured News



EMS World features hospice and POLST relevant article.

EMS World published a hospice and POLST-relevant article, "The Hospice Handoff: How to Make It Work for Both Sides," by Howard Capon, MPH, NRP; Matthew Kestenbaum, MD, FAAHPM; and Amy Vandenbroucke, JD. More people are choosing home hospice as an option, thus EMS contact with hospice patients is expected to grow. This article sheds light on the interactions between EMS and hospice near the end of life, some of its situational complexities and potential resolutions. [View article.](#)

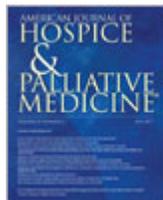
Featured Resource



Register for upcoming webinar —The Devil is in the Details: A Case for POLST Registries

On Wednesday, January 8, [Chelsey Patten](#), DBE, will present a webinar making a case for the creation of POLST registries by exploring the limitations of the electronic health record in capturing details related to POLST. [Register now.](#)

Featured Publication



Study investigates Goals of Care conversations in the seriously ill across 29 sites over 3 years.

"Preventing Readmissions through Effective Partnerships—Communication and Palliative Care (PREP-CPC): A Multisite Intervention for Encouraging Goals of Care Conversations for Hospitalized Patients Facing Serious Illness" describes a study that spanned 3 years and involved 29 hospital teams. Part of a suite of projects initially designed to examine hospital readmission rates, the study results include many lessons learned in creating a model program for training staff in Goals of Care conversations. Many sites found it helpful for the GOC to be a shared responsibility among the broader health care team, including social workers, chaplains, and nurses. GOC was associated with increased POLST completion for appropriate patients (at at time in which POLST was relatively new to the state). [View online \(limited access\).](#)

National POLST Paradigm News in Brief

National POLST News

National POLST presenting at conferences in 2020

(1) [American Health Lawyers Association's Long Term Care & the Law](#) (March 2-4, 2020). Karl Steinberg and

Amy Vandenbroucke will present "Avoiding the Deadly POLST Sins." on March 4, 9:40-10:40 am. (Thank you, Charlie Sabatino, for such a catchy title—it has been helpful with many conferences! Read Charlie's original *ABA Bifocal* article, "[POLST: Avoid the Seven Deadly Sins](#).")

(2) [AMDA Annual Conference](#) (April 2-5, 2020). Kevin Henning and Amy Vandenbroucke will present "Conversations: The Cornerstone of the POLST Paradigm and all Advance Care Planning" on April 4 at 4-5:30 pm.

Maine is adopting the National POLST form. On November 27, representatives at Maine's state POLST review meeting unanimously voted to endorse and accept the national form for Maine. [Visit the Maine POLST website](#).

Oregon POLST Registry is 10 years old this December! Congratulations, OPR on your 10th year! [Learn more about OPR](#).

Leadership Opportunities

Apply for Sojourns Scholar Leadership Program - The [Cambia Health Foundation](#) has opened the Sojourns® Scholar Leadership Program application cycle for 2020. Individuals from around the country including physicians, nurses, social workers, physician assistants, chaplains, psychologists, pharmacists and other health system leaders are encouraged to apply for this program, which is designed to identify, cultivate and advance the next generation of palliative care leaders. Letter of Intent due February 21, 2020. [Read more](#).

Health and Aging Policy Fellows Program information sessions begin soon. Open to professionals in all disciplines and at all career stages, the [Health and Aging Policy Fellows Program](#) provides skills, content, and hands-on experience to be able to offer policy solutions to the health challenges of an increasingly aging population and the barriers to the health care system that serves them. [See how to apply](#).

Information sessions are: December 18, 2019 from 4 to 5 pm; January 21, 2020 from 4 to 5 pm; February 27, 2020 from noon to 1 pm; March 11, 2020 from 4 to 5 pm; and April 3, 2020 from noon to 1 pm. RSVP to hapfell@nyspi.columbia.edu.

Continuing Education

The Center to Advance Palliative Care is offering two free online courses to all clinicians: *An In-Depth Look At Palliative Care And Its Services* and *Supporting the Caregivers of People Living with Dementia*. [Learn more](#).

Is this newsletter helpful? We want it to be! [Email us to let us know](#) if you have any ideas on what else we could include to make it even more useful and informative to you.

